

IN POSSIBLE



"When you go within, everything is possible"



BY RAJVEER SINGH KHALSA

PART ONE

Today, almost everyone I see are unhappy. Everyone is chasing or looking for a '**fulfilled life**'. One of my beloved teachers shared and imprinted that when you look for a fulfilled life, you are telling your mind that the previous moment or the future moment is more fulfilling than the present moment. It is a lie. The present moment, **NOW**, is priceless. You are chasing a lie. The society and your upbringing have made you feel that you are not enough. Competing and comparing to be someone else.

The mind is heavily conditioned. "This is bad, that is good, he is good, she is bad". You feel that this is being imposed by almost everyone around you, that you are not good enough. You never got the opportunity to explore your true self.

You may be chasing a concept of living - '**an accepted life or living**', which is defined by the society or peer pressure. A certified life like a resume on the wall. Competing and comparing yourself to others, a life you have been chasing that has tied you down, drained you. You are tired of living and chasing an expectation, that you have forgotten to live your life.



Many that I know are living a '**religious persona**' but have never experienced their inner self before. Many feel that 'God' has judged you, and you live in guilt and misery. **Love is God.**

Many may have been fighting '**depression**'. It's tiring to be fighting and resisting it again and again. What you resist, grows.

Many are living a '**spiritual persona**', never tasted and experienced their spirit. Some are involved in "**Spiritual Shopping**" in the search of one teacher to another, one path to another only to miss out on the true essence of spirituality.

PART TWO

My beloved readers, my message to you is to go within yourself. Make a deeper commitment. Light the fire within and **feed your soul**.

'When the soul is not fed, it is hungry', something which was shared by my teacher, and it is true. Find, investigate, and learn from someone who can truly inspire you to recognize who you are.

Don't be afraid to take the first step on this journey as the wise ones have shared, "**The infinite takes infinite steps towards you**". Walk the steps and the path will light up in front of you. Don't give up.



PART THREE

It is important for you to grow. There is a saying in my tradition that goes, ***“The company you keep becomes your colour”***. If you want to grow spiritually and master your mind in this lifetime, seek and find those that are spiritual, masterful and merged in their spirit. Be in the company of those whom are on the spiritual path and one with the infinite.

This journey is at times uncomfortable. My teacher shared that ***pressure carves the diamond***. I repeat pressure carves the diamond. Their compassion will inspire you.



PART FOUR

This lifetime is priceless. Make a ferocious commitment. Create a daily lifestyle of a spiritual practice. In our tradition, a daily spiritual practice is known as ***“sadhana”***. Without a daily spiritual practice, your presence and communication won't work. Your presence will not penetrate. A daily spiritual practice means not missing a day.

Yoga, meditation, chanting, prayer, sitting in silence is what I have been blessed to practice daily in the last many years. This practice has given me everything in life. ***Everything***. This write up here is about you, not me. Meditation cleans the mind. It clears the subconscious mind and allows you to be you, who you really are.

My message to you is take out some time daily and embark on this journey. Go within.



God is an experience, not a belief system.

This journey is beautiful. Every beginning is hard and uncomfortable. But over time, the experience changes.

Beloved readers, there is nothing more priceless than ***YOU***. God is within you. The universe is within you. Today, I'll say this to you – ***“What you chant, you become”***.

What you often say, the universe corresponds to that.

So be aware of your thoughts and what you communicate.

THANK YOU

It has been an honor and blessing to write this booklet for you. Simple is gold. Silence is joy. When you experience you inner self, life is a blessing. Share your gifts and strengths with others.

Unlock the power within you.

Love inspires everybody. It is my prayer that you go within, where everything is possible.

In Possible

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